

Many people believe that it is a good idea to have a dress code at work places. Do you agree or disagree with this statement?

Give your opinion and examples from your own experience?

For years companies have tried to manage employees' dress and appearance in other to achieve more benefits and they have called it dress code policy. However, from my point of view, today we do not require these kinds of rules unless in some special occasions.

Primarily, dress codes suppress diversity and individuality. While some companies need to impose some rules in their employees' appearance for their own benefits, these restrictions destroy people's differentiation and indeed this is the diversity that has significant impacts on society and virtually increase creativity. Moreover, freedom of choice is one of the basic needs of humankind and by apply dress codes we will get this right from workers who generally have to spend most of their time in workplaces. Similar to military and dictatorial regimes, some businesses try to controls their staff by shape up their look and then their behaviour so that they convert to creatures like robots who can only obey owners' orders.

Second and from a more positive perspective, these kinds of work limitations arise discomfort for some. Many people are used to wear some clothes that they feel relax in them and by forcing them to wear the other ones companies actually put them in unwanted conditions like embarrassment or inconvenience. As my experience, software programmers need to be completely calm when they are coding and this relaxation usually starts from the body condition.

Lastly, it seems that a workplace where all people dress like each other is pretty boring. Though wearing a same uniform and having a haircut look neat and tidy, it would be monotonous. In such workplaces, people have to get used to repetitive scenes and we do not have this chance to praise others' look or even criticise it.

In conclusion, although dress codes have some advantages for companies like advertisements and a professional image, except in some special situations like safety, it would seem that look policies should be changed in favour of the freedom and welfare of humans.